

BRADFIELD COLLEGE SPORTS COMPLEX GYM PROGRAMME

SUMMER TERM - MONDAY 19TH APRIL - FRIDAY 28TH MAY 2021

| | 6am | 7am | 8am | 9am | 10am | 11am | 12 | 1pm | 2pm | 4pm | 6pm | 7pm | 8pm | 9pm | 10pm |
|------|-------------------------------|-----|-----|----------------------------|------|------|----|-----|-----|-------------------------------|-----|-----|-----|-----|------|
| MON | Gym Open 6.30 am - 3 pm | | | | | | | | | Gym Open 5.30 pm - 8.45 pm | | | | | |
| TUE | Gym Open 6.30 am - 1.45 pm | | | | | | | | | Gym Open 5.30 pm - 9.45 pm | | | | | |
| WED | Gym Open 6.30 am - 4 pm | | | | | | | | | Gym Open 5.30 pm - 8.45 pm | | | | | |
| THUR | Gym Open 6.30 am - 1.45 pm | | | | | | | | | Gym Open 5.30 pm - 9.45 pm | | | | | |
| FRI | Gym Open 6.30 am - 3 pm | | | | | | | | | Gym Open 5.30 pm - 9.45 pm | | | | | |
| SAT | | | | Gym Open 7 am - 1.45 pm | | | | | | Gym Open 3.15 pm - 9pm | | | | | |
| SUN | | | | Gym Open 8 am - 1.45 pm | | | | | | Gym Open 3.15 pm - 9pm | | | | | |

Please note: Bank Holiday Monday, 3 May, the gym will only be open between 8am and 4pm due to reduced opening times.

Please note there will be a holiday timetable from 29th May - 6th June 2021.

To allow for social distancing, some of the machines will not be in use. These will be clearly marked. You are only allowed to work out for a maximum of 45 minutes. To book your slot visit our website: <https://bradfieldsportscomplex.co.uk/> and click online bookings.

Please use the hand sanitiser on entering the gym and clean down your equipment after use.