



# BRADFIELD COLLEGE SPORTS COMPLEX

Swimming · Fitness Classes · Sports Hall · Gym

## BRADFIELD COLLEGE SPORTS COMPLEX SWIMMING POOL PROGRAMME LENT TERM 1

MONDAY 8th JANUARY - FRIDAY 9 FEBRUARY 2024

MON		Early Riser 7.15am-9.30am		P & T (bookable session only) 10-11am		Lane Swim 12pm-2.30pm				Aqua Aerobics 8.15pm-9pm	Adults Only 9.15-10pm
TUE		Early Riser 7.15am-9.15am	Aqua 9.30- 10.15am			Adults Only 12pm-2.30pm			Family Splash & Lane Swimming 6pm-8pm	Adults Only 8-9pm	
WED		Early Riser 6.30am-9.30am	Aqua 9.45- 10.30am			Lane Swim 12pm-2.30pm	F-Splash & Lane Swim 3.15-4.30pm				Adults Only 8.30pm-10.00pm
THUR		Early Riser 6.30am-9.30am				Adults Only 12pm-2.30pm			Family Splash & Lane Swimming 6pm-8pm	Adults Only 8-9pm	
FRI		Early Riser 7.15am-9.30am				Lane Swim 12pm-2.30pm	F-Splash & Lane Swim 3.15-4pm		Family Splash & Lane Swimming 6pm-8pm	Adults Only 8-9pm	
SAT			Junior Swim Lessons 8.45am-12.15pm			Lane Swimming 12.30pm-2pm		Family Splash 3pm-5.30pm	Lane Swim 6-7pm	Adults Only 7-8pm	
SUN		Adults Only 7.45-8.30am	Junior Swim Lessons 8.45am-12.15pm			Family Splash & Lane Swimming 12.45pm-2pm		Junior Swim Lessons 3pm-6.30pm	Family Splash & Lane Swimming 6.45pm-8pm	Adults Only 8-9pm	

PLEASE NOTE THERE WILL BE A HOLIDAY TIMETABLE FROM SATURDAY, 10 FEBRUARY UNTIL SUNDAY, 18 FEBRUARY 2024



[www.bradfieldsportscomplex.co.uk](http://www.bradfieldsportscomplex.co.uk)

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