#### Junior Swimming Programme: Summer Term Saturday 26th April - 19th July 2025

**SATURDAY MORNINGS 8.45am - 12.15PM: Ducklings - Stage 10** 

## NO HALF TERM BREAK – Lessons will continue as normal on these weeks \* NO LESSONS: Saturday 28th June ~ College Commemoration

8.45AM - 9.15am	8.45AM - 9.15am	8.45AM - 9.15am	8.45AM - 9.15am
Ducklings (SHALLOW FAR)	STAGE 6 (DEEP NEAR)	STAGE 5 (DEEP FAR)	STAGE 2 (SHALLOW NEAR)
Izzy Peacock	Kelley Hope	Lynda Clapham	Tilly Green
9.15AM - 9.45am	9.15AM - 9.45am	9.15AM - 9.45am	9.15AM - 9.45am
STAGE 4 (DEEP FAR)	STAGE 5 (DEEP NEAR)	STAGE 2 (SHALLOW FAR)	STAGE 1 (SHALLOW NEAR)
Izzy Peacock	Kelley Hope	Lynda Clapham	Tilly Green
9.45AM - 10.15AM	9.45AM - 10.15am	9.45AM - 10.15am	9.45AM - 10.15am
STAGE 1 (SHALLOW FAR)	STAGE 4 (DEEP NEAR)	STAGE 3 DEEP (DEEP FAR)	STAGE 3 (SHALLOW NEAR)
Izzy Peacock	Kelley Hope	Lynda Clapham Waterhelpers	Tilly Green
10.15AM - 10.45am	10.15AM - 10.45am	10.15AM - 10.45am	10.15AM - 10.45am
STAGE 2 (SHALLOW FAR)	STAGE 3 DEEP (DEEP FAR)	STAGE 4 (DEEP NEAR)	STAGE 1 (SHALLOW NEAR)
Izzy Peacock	Kelley Hope	Lynda Clapham	Tilly Green
10.45am - 11.15am	10.45AM - 11.15am	10.45AM - 11.15am	10.45AM - 11.15am
STAGE 3 (SHALLOW FAR)	STAGE 1 (SHALLOW NEAR)	STAGE 5 / 6 (DEEP NEAR)	STAGE 4 (DEEP NEAR)
Izzy Peacock	Kelley Hope	Lynda Clapham	Tilly Green
11.15am - 11.45am	11.15am - 11.45am	11.15am - 11.30am	11.15am - 11.30am
Ducklings (SHALLOW FAR)	** 15 MINUTE BREAK **	** 15 MINUTE BREAK **	STAGE 2 (SHALLOW NEAR)
Izzy Peacock	11.30am - 12.15PM	11.30am - 12.15PM	Tilly Green
11.45am-12.15pm: Izzy Peacock	STAGE 6 & 7 (DEEP FAR)	STAGE 8/9/10 (DEEP NEAR)	11.45am-12.15pm: Tilly Green
1-1 lesson	Kelley Hope	Lynda Clapham	1-1 lesson

WATER HELPERS IN ALL DUCKLING, STAGE 1, STAGE 2 & STAGE 3 LESSONS WHERE NEEDED

#### Junior Swimming Programme: Summer Term Sunday 27th April - 20th July 2025

**SUNDAY MORNINGS** 8.45am - 12.20pm: Stage 1 - Stage 10

NO HALF TERM BREAK – Lessons will continue as normal on these weeks
\* NO LESSONS: Sunday 18th May ~ Prep School Triathlon

8.45am - 9.30	am (45 minute lessons)	8.45am - 9.15am	(30 minute lessons)	
STAGE 9 & 10 (2 skinny lanes)	STAGE 8 (1 lane)	STAGE 5 (DEEP NEAR)	STAGE 2 (SHALLOW NEAR)	
Deep Middle	Deep Middle	Toby Lynch	Louisa Clapham	
Kayleigh Phillipps	Reg Allum	9.15am - 9.45am	(30 minute lessons)	
9.30am - 10.15	iam (45 minute lessons)	STAGE 4 (DEEP NEAR)	STAGE 1 (SHALLOW NEAR)	
STAGE 7 (1 lane)	STAGE 6 (lanes)	Toby Lynch	Louisa Clapham	
Deep Far	Deep Far	9.45am - 10.15am	(30 minute lessons)	
Kayleigh Phillipps	Reg Allum	Ducklings (SHALLOW NEAR)	STAGE 3 DEEP (DEEP NEAR)	
		Toby Lynch	Louisa Clapham	
** 5 MINUTE INTERVAL & Pool/Staff change over **		** 5 MINUTE INTERVAL &	** 5 MINUTE INTERVAL & Pool/Staff change over **	
10.20am - 10.50am	10.20am - 10.50am	10.20am - 10.50am	10.20am - 10.50am	
STAGE 1 (SHALLOW FAR)	STAGE 6 (DEEP FAR)	STAGE 2 (SHALLOW NEAR)	STAGE 4 (DEEP NEAR)	
Kayleigh Phillipps	Reg Allum	Toby Lynch	Louisa Clapham	
10.50am - 11.20am	10.50am - 11.20am	10.50am - 11.20am	10.50am - 11.20am	
STAGE 2 (SHALLOW FAR)	STAGE 4/5 (DEEP FAR)	STAGE 3 (SHALLOW NEAR)	STAGE 5 (DEEP NEAR)	
Kayleigh Phillipps	Reg Allum	Toby Lynch	Louisa Clapham	
11.20am - 11.50pm	** 10 MINUTE BREAK **	11.20am - 11.50pm	11.20am - 11.50pm	
Ducklings (SHALLOW FAR)	11.30am - 12.15pm	STAGE 4 (DEEP NEAR)	STAGE 3 (SHALLOW NEAR)	
Kayleigh Phillipps	STAGE 7/8 (DEEP FAR)	Toby Lynch	Louisa Clapham	
	Reg Allum		11.50am-12.20pm: Louisa Clapham	
	(LAST 25 MINS FULL LANE)		1-1 lesson	
	45 MINUTE LESSON			
	12.15 - 12.45pm Reg Allum			
	1-1 lesson			
WATER HE	LPERS IN ALL DUCKLING. STAGE 1 & S	TAGE 2 LESSONS and STAGE 3 LESSONS V	VHERE NEEDED	

### Junior Swimming Programme: Summer Term Sunday 27th April - 20th July 2025

**SUNDAY AFTERNOONS 3PM - 6.45pm: Stage 1 - Stage 10** 

# NO HALF TERM BREAK – Lessons will continue as normal on these weeks \* NO LESSONS: Sunday 18th May ~ Prep School Triathlon

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3.00PM - 3.30pm	3.00PM - 3.30pm	3.00PM - 3.30pm	3.00PM - 3.30pm	
STAGE 3 (SHALLOW FAR)	STAGE 4 (DEEP NEAR)	STAGE 2 (SHALLOW NEAR)	STAGE 6 (DEEP FAR)	
Helen Borthwick	Imogen Jackson & Lynda Clapham	Kelly-Anne Russell	Tilly Green & Lynda Clapham	
** 5 MINUTE INTERV	AL & Pool/Staff change over **	** 5 MINUTE INTERVA	L & Pool/Staff change over **	
3.35PM - 4.05pm	3.35PM - 4.05pm	3.35PM - 4.05pm	3.35PM - 4.05pm	
TAGE 2 (SHALLOW FAR)	STAGE 5 (DEEP NEAR)	STAGE 1 (SHALLOW NEAR)	STAGE 4 (DEEP FAR)	
lelen Borthwick	Imogen Jackson & Lynda Clapham	Kelly-Anne Russell	Tilly Green & Lynda Clapham	
** 5 MINUTE INTERVAL & Pool/Staff change over **		** 5 MINUTE INTERVAL & Pool/Staff change over **		
4.10PM - 4.40pm	4.10PM - 4.40pm	4.10PM - 4.40pm	4.10PM - 4.40pm	
STAGE 4 (DEEP NEAR)	STAGE 3 (SHALLOW FAR)	STAGE 4/5 (DEEP FAR)	STAGE 1 (SHALLOW NEAR)	
lelen Borthwick	Imogen Jackson & Lynda Clapham	Kelly-Anne Russell	Tilly Green & Lynda Clapham	
** 5 MINUTE INTERVAL & Pool/Staff change over **		** 5 MINUTE INTERVA	** 5 MINUTE INTERVAL & Pool/Staff change over **	
4.45PM - 5.15PM	4.45PM - 5.15PM	4.45PM - 5.15PM	4.45PM - 5.15PM	
TAGE 1 (SHALLOW FAR)	STAGE 2 (SHALLOW NEAR)	STAGE 6 (DEEP NEAR)	STAGE 5 (DEEP FAR)	
lelen Borthwick	Imogen Jackson & Lynda Clapham	Kelly-Anne Russell	Tilly Green & Lynda Clapham	
** 5 MINUTE INTERV	AL & Pool/Staff change over **	** 5 MINUTE BREAK**		
SUNDAY 5.20PM - 5.50pm	5.20pm - 6.05pm	5.20pm - 6.05pm	** 10 MINUTE BREAK **	
TAGE 3 (SHALLOW FAR)	STAGE 9/10 (DEEP NEAR)	STAGE 8 (DEEP NEAR)	5.30pm - 6.15pm	
lelen Borthwick	Imogen Jackson & Lynda Clapham	Kelly-Anne Russell	STAGE 7 (DEEP FAR)	
nd of lessons pupils to leave pool side	(LAST 25 MINS FULL LANE)	(LAST 25 MINS FULL LANE)	Tilly Green & Lynda Clapham	
30 MINUTE LESSON	45 MINUTE LESSON	45 MINUTE LESSON	(LAST 25 MINS FULL LANE)	
			45 MINUTE LESSON	
ssessments 6.15pm - 6.30pm	Assessments 6.15pm - 6.30pm	6.15-6.45pm: Kelly-Anne Russell	6.15-6.45pm: Tilly Green	
		1-1 lesson	1-1 lesson	